

First Responder Child Passenger Safety Technician Tools to Manage Cumulative Critical Incident Stress

Sunday, March 13, 2022



NATIONAL LAW ENFORCEMENT OFFICERS
SAFETY & WELLNESS

MEMORIAL | MUSEUM | OFFICER SAFETY & WELLNESS

National Law Enforcement Memorial and Museum



The NLEOMF

- COVID
- Gunfire
- Traffic-related
- Assaults
- Other Causes





Critical Issues for LEOs Getting Help



- Non-punitive Pathways
- Clear the Obstacles
 - Fear of job loss
 - Insecurity of not coping
- Develop Support Network
 - Peer Support
 - LE trained Counselors
 - Chaplain programs
 - CISM program
 - Family Counseling

Resources for Law Enforcement

- Destination Zero Program
 - www.destinationzero.org
- SAFLEO Program
 - www.Valorforblue.org/SAFLEO



Destination Zero Resources

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A video player interface showing a video titled "Destination Zero 2021 National Safety and Well...". The video thumbnail features the Destination Zero logo and tagline. The player includes a play button, a "Watch later" icon, and a "Share" icon.

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Innovative Approaches

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Resources

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Alcoholism Program | Director Vernon Herron ...

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TAB | Better Ballistic Protection

TAB | Cognitive Reframing

TAB | COVID-19 Vaccine

- Wellness Units
- Alcohol treatment
- Stress Management
- Dedicated Personnel
- Shift adjustments
- Sleep
- Nutrition
- Retirees

SAFLEO Resources

- Technical Assistance
- Videos
- Guidelines
- Trainings

SAFLEO | National Suicide Awareness for
Law Enforcement Officers Program

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Are you struggling? Are you feeling hopeless or helpless? Are you thinking about suicide? Do you know someone who is? Do not suffer in silence.

Please reach out. Ask for help.

- National Suicide Prevention Lifeline—1-800-273-TALK (8255)
- Crisis Text Line—Text "BLUE" to 741741

You are not alone. We need you. You matter!





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www.LawMemorial.org