First Responder Child Passenger Safety Technician Tools to Manage Cumulative Critical Incident Stress

Sunday, March 13, 2022



MEMORIAL | MUSEUM | OFFICER SAFETY & WELLNESS



National Law Enforcement Memorial and Museum





The NLEOMF

- COVID
- Gunfire
- Traffic-related
- Assaults
- Other Causes



VISIT ABOUT V MEMORIAL V MUSEUM V OFFICER SAFETY V

THE LEADING AUTHORITY ON OFFICIAL LINE-OF-DUTY FALLEN HEROES



Critical Issues for LEOs Getting Help



- Non-punitive Pathways
- Clear the Obstacles
 - Fear of job loss
 - Insecurity of not coping
- Develop Support Network
 - Peer Support
 - LE trained Counselors
 - Chaplain programs
 - CISM program
 - Family Counseling

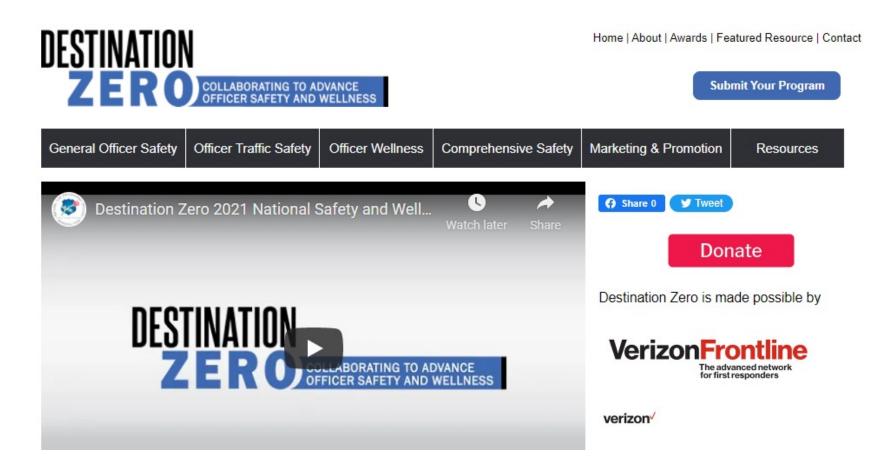
Resources for Law Enforcement

- Destination Zero Program
 - <u>www.destinationzero.</u> <u>org</u>
- SAFLEO Program
 - <u>www.Valorforblue.org/</u> <u>SAFLEO</u>



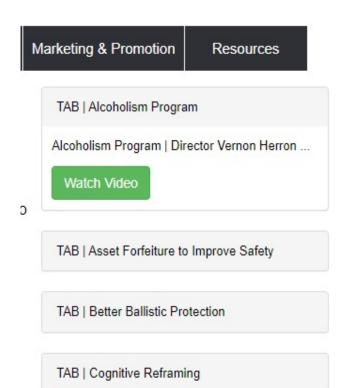
Destination Zero Resources

Click on Resources





Innovative Approaches



TAB | COVID-19 Vaccine



- Alcohol treatment
- Stress Management
- Dedicated Personnel
- Shift adjustments
- Sleep
- Nutrition
- Retirees

SAFLEO Resources

- Technical Assistance
- Videos
- Guidelines
- Trainings

SAFLEO National Suicide Awareness for Law Enforcement Officers Program

ABOUT

TRAINING

CONTACT

Are you struggling? Are you feeling hopeless or helpless? Are you thinking about suicide? Do you know someone who is? Do not suffer in silence.

Please reach out. Ask for help.

- National Suicide Prevention Lifeline—1-800-273-TALK (8255)
- Crisis Text Line—Text "BLUE" to 741741

You are not alone. We need you. You matter!





VISIT US AT BOOTH #304

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www.LawMemorial.org