#### YOUNG DRIVER IMPROVEMENT (YDI) CLASS PARENT PRE-SURVEY TEST □ Male □ Female Date of Birth: Date: Email: You will be contacted 6mos post class (Check one) (Please fill in the bubble or circle one word that best describes your feelings!) Did your teen take a formal driver's education class at school or through a private provider? • Yes o No 1. At the time my teen received his/her license I believed a driver's education class and/or mv efforts to teach him/her to drive provided enough practice. • Yes ○ No ○ Maybe ○ Unlicensed 2. The GDL requirement of adult supervised driving is an adequate amount of driving practice time before licensing a teen. o Yes ○ No ○ Maybe ○ Unlicensed 3. I understood the importance of the Graduated Driver Licensing (GDL) Laws and: a. Kept an accurate driving log so I knew the conditions under which my teen had or had not driven to determine if *more* driving practice was warranted. • Yes $\circ$ No $\circ$ N/A b. Evaluated my teen's driving based on the GDL Law's requirement for licensure. o Yes $\circ$ No $\circ$ N/A c. Made a formal driving contract with my teen that specifically spelled out if they could not meet those expectations, they might need *more* driving practice. ○ Yes $\circ$ No $\circ$ N/A 4. I emphasize that peer passengers, lack of using safety gear, substance abuse, risk-taking, and immature behavior may increase the likelihood of a crash for teens. Sometimes • Most of the time • Never Rarely • Always 5. Males most likely to be involved in a fatigued-related driving crash are in the age group: o **15-19** ○ 20-24 o **25-35** ○ 36-50 o **51-85** 6. Do you wear a safety belt every time you drive/ride in a car and encourage others to correctly wear a safety belt when driving, riding or sitting in a car? Sometimes • Most of the time • Always • Never • Rarely 7. In the past 30 days, how many times have you driven/ridden with a driver going more than 15 miles/hour over the speed limit? • **2-3 times** o 0 time's o 1 time ○ 4-5 times • 6 times or more 8. Being a designated driver is always safe. • Never Rarely Sometimes Most of the time • Alwavs

9. During the past 30 days, how many times did you:

		-	-				
	a. <u>Drive</u> a ca drugs?	ar or other v 0 0	ehicle wher ○ <b>1</b>	n <u>you</u> had b ○ <b>2-3</b>	een drinkir o <b>4-5</b>	ng alcohol o o <b>6 or mo</b>	r using other mind altering ore
	b. <u><i>Ride</i></u> in a o other mind-a			n <u>another</u> a ○ <b>1</b>	adult driver	who had be ○ <b>4-5</b>	een drinking alcohol or using • <b>6 or more</b>
			ΟU	0	0 2-3	0 4-3	o 6 or more
(	c. <u>Drive</u> a ca	ar or other v o <b>0</b>	ehicle <u>over</u> ○ 1	the posted o <b>2-3</b>	speed in a ○ <b>4-5</b>	school zon o <b>6 or m</b> o	e or neighborhood? ore
	nderstand h nd maturity			of the Pre ○ <b>No</b>	-Frontal C	ortex of th	e brain influences driving
	nfortable dr	• •		-	way to me	•	il both youth and parent ether the youth is ready to es
	ow long do y ○ <b>1-2 years</b>		takes to be o <b>3-4 ye</b> a		• •	ent? <b>years</b>	
	s important nths followir					th's driving Sometime	for at least one (1) to two
			o res	0 NO	0	Sometime	5
14.   <u>a</u>	<u>lways</u> atter	npt to mod	el safe and ○ <b>Yes</b>	courteou d ⊙ No	•	ehavior. <b>Sometime</b>	es
15. Du	iring the pa	st 30 days	I have bee	en driving a	and <i>(check</i>	all that ap	ply):
	a. Talking o b. Too tired c. Sad d. Angry e. Eating fo f. Changing g. Arguing v h. Thinking i. Other:	while drivi od the music with the par of things o	ng on the car ssenger or ther than c	<sup>·</sup> driver in t triving	he car		

16. I <u>always</u> encourage walking, biking and mass transit use in the family. ○ Yes
 ○ No
 ○ Sometimes

### YOUNG DRIVER IMPROVEMENT (YDI) CLASS PARENT POST-SURVEY TEST



Male
 Female

\_You will be contacted 6mos post class

Date of Birth:

(Check one)

(Please fill in the <u>bubble</u> or circle <u>one word</u> that best describes your feelings!)

1. Following the class, I believe a driver's education class and/or my efforts to teach him/her to drive provided enough practice. • Yes • No • Maybe

2. Following the class, I believe the required 50-100 hours of adult supervised driving is an adequate amount of practice for licensing a teen. • Yes • No • Maybe

3. Following the class, I understand the importance of the Graduated Driver Licensing (GDL) Laws and plan to:

- a. Keep a driving log to keep an accurate record so I know the conditions under which my teen has or has not driven to determine if <u>more</u> driving practice is warranted.
   Yes 
   No 
   Maybe
- b. *Re*-evaluate my teen's driving based on his/her level of ability and maturity and <u>not</u> just the GDL Law's requirement for licensure.

 $\circ$  Yes  $\circ$  No  $\circ$  Maybe

c. Use a *formal* driving contract with my teen and realize if he/she cannot meet the expectations spelled out, they might need *more* driving practice.

 $\circ$  Yes  $\circ$  No  $\circ$  Maybe

4. I will emphasize that peer passengers, lack of using safety gear, substance abuse, risk-taking, and immature behavior may increase the likelihood of a crash for teens.

○ Never
 ○ Rarely
 ○ Sometimes
 ○ Most of the time
 ○ Always

5. I realize males are most likely to be involved in a fatigued-related driving crash are in this age group:

◦ **15-19** ◦ **20-24** ◦ **25-35** ◦ **36-50** ◦ **51-85** 

6. Following the class, how often will you <u>correctly</u> and encourage others to <u>correctly</u> wear a safety belt when <u>driving or riding or sitting</u> in a car?

○ Never
 ○ Rarely
 ○ Sometimes
 ○ Most of the time
 ○ Always

7. In the next 30 days, how many times do you plan to drive or ride with a driver going more than 15 miles/hour over the speed limit?

 $\circ$  0 time's  $\circ$  1 time  $\circ$  2-3 times  $\circ$  4-5 times  $\circ$  6 times or more

8. Following the class, I know being a designated driver is always safe.

 $\circ$  Yes  $\circ$  No  $\circ$  Maybe

#### 9. During the next 30 days, how many times do you *plan* to:

a. *Drive* a car or other vehicle when you had been drinking alcohol or using other mind o **4-5** altering drugs? • **0** o 6 or more b. *Ride* in a car or other vehicle with *another* adult driver who had been drinking alcohol or using other mind-altering drugs? 0 0 o **1** o **2-3** o **4-5** • 6 or more c. *Drive* a car or other vehicle *over* the posted speed in a school zone or neighborhood? o 0 o **1** o **2-3** o **4-5** • 6 or more 10. I understand how the development of the Pre-Frontal Cortex of the brain influences driving skills and maturity in a teen. ○ Yes ○ No 11. At this time, I believe working with a young driver to build driving skills and maturity until both youth and parent are comfortable driving and riding together is one way to measure whether the youth is ready to drive solo. ∘ Yes o No • Sometimes 12. Following the class, I understand it takes 5-7 years to become driving proficient. o Yes ○ No 13. It is important for Parents to return to supervising a youth's driving for at least one (1) to two ∘ Yes Sometimes (2) months following a moving violation. o No 14. I will <u>always</u> model safe and courteous driving behavior. • Yes ○ No Sometimes 15. During the next 30 days, while driving, I plan to avoid (check all that apply): • a. Talking on a cell phone • b. Being too tired while driving • c. Being sad

- d. Being angry
- e. Eating food
- $\circ~$  f. Changing the music on the car radio, CD or cassette player
- g. Arguing with the passenger or driver in the car
- h. Thinking of things other than driving
- Other: \_\_\_\_\_

# YDI Parent Post Knowledge and Action

1. What is GDL?\_\_\_\_\_

2.	List the 5 components of the GDL:
	1
	2.
	3.
	4.
	5

3. Did this class <u>increase</u> your understanding of the reason for and importance of following traffic laws? YES NO

4. Do you *plan* to take this opportunity to re-examine the Pre Frontal Cortex maturity in your teen before allowing him/her to continue driving? YES NO

5. Do you *plan* to practice any of the following changes with your teen driver to help him/her improve driving skills and experience? (Check all that apply and circle most correct response)

□ a. Re-measure the driving readiness of my teen and work with him/her until I can ride comfortably and no longer have to bring anything to his/her attention.

□ b. Return to supervising my teen's driving for: 1 month 2 months 1 week/speed

 $\Box$  c. Suspend peer passenger transportation by my teen during the (1) to two (2) month of the solo driving period following the supervisory time.

□ d. Will have my teen add peer passengers one at a time.

 $\Box$  e. Will limit my teen's peer passenger transportation to a maximum of three (3).

 $\Box$  f. Suspend the transport of younger siblings by my teen driver for at least one (1) or two (2) months while the young driver develops driving skills and maturity?

N/AYESNO6. Do you *plan* to suspend all driving privileges, seek help and support if your teen is cited or<br/>discovered to be using alcohol or other drugs?YESNO

7. Did you learn something new about the correct way to wear a safety belt? YES NO

8. What 2 areas of the body must the safety belt secure to be worn **<u>correctly</u>**; 3. What position should the seat back be in; 4. Where are feet positioned in the vehicle?

 1.\_\_\_\_\_
 3.\_\_\_\_\_

 2.\_\_\_\_\_
 4.\_\_\_\_\_

9. Based on what you have learned in this class, are you be *planning* to make any safety changes with your own driving? YES NO

10. If you answered **yes** to question #8, **please check** the changes you plan to make:

a. (Circle all changes you plan) Use and <u>correctly</u> wear my safety belt ©low and tight across the pelvis

©keeping the harness over the shoulder ©keeping my feet flat on the floor ©keeping the seat upright while sitting in a vehicle ©sit 10" back from the steering wheel ©keep my hands positioned at 4 & 8 when driving

- □ b. Insist all passengers use and wear a safety belt *correctly.*
- C. Drive the posted speed
- □ d. Model and practice courteous and safe driving
- e. If used, suspend use of radar detector
- □ f. As a passenger, remain awake
- □ g. Follow all traffic laws
- $\Box$  h. Never drive distracted or use a cell phone while driving
- i. Plan to encourage or increase walking, biking and mass transit use in family
- Other:

11. If you answered no to question #8, please check the answer that most closely explains the reason.

□ I was already making safe choices.

□ It's not important.

12. What is the one thing you learned today that might increase driving safety for you or your teen?

13. How will you use the information in your home?

14. What one thing would you like your student to change during the driving experience?

15. What <u>one</u> thing do you plan to change during the driving experience while working with your teen?

16. What did you like about the class?\_\_\_\_\_

17. Please circle the information learned tonight you will share with others

°share the basic principle upon which traffic laws are based

°tell why it is important to sit 10" back from steering wheel with an air bag

°tell them about the appropriate steering wheel hand position of 4 & 8 and why it is important

°tell why it's important to wear a safety belt correctly

°keep children in a booster seat until reaching the height of 4' 9"

°explain how Pre Frontal Cortex maturation and driving for teens is connected

°other\_\_\_\_\_

18. How could this class be improved?\_\_\_\_\_

## YOUNG DRIVER IMPROVEMENT (YDI) CLASS YOUTH PRE-SURVEY TEST

TALK TOUGH	Date: Email:	🛛 Male 🔹 Female			acted 6mos post o	lass
ABOUT SAVING YOUR LIFE		(Check one)				
Oregon Driv	er License Number:	Court Refe	rred?	∘ Yes	0 <b>No</b>	

Did your parent attend class with you? • Yes • No Self-Referred? • Yes • No (Please fill in the *bubble* or circle *one word* that best describes your feelings!)

Did you attend a formal driver's education class through school or a private provider? •Yes •No

1. At the time I received my driver's license, I believed a driver's education class or my parent's efforts to teach me provided enough practice. **Yes No Maybe Unlicensed** 

2. The required 50-100 GDL required hours of adult supervised driving was an adequate amount of time of practice before being licensed. **Yes No Maybe Unlicensed** 

3. I understood the importance of the Graduated Driver Licensing (GDL) Laws and:

a. Kept an accurate driving log so I knew the conditions under which I had or had not driven to determine if more driving practice was warranted.

∘Yes ∘No ∘N/A

b. Evaluated my driving based on the GDL Law's requirement for licensure.  $_{\odot} Yes ~_{\odot} No ~_{\odot} N/A$ 

c. Have a formal driving contract with my parents that specifically spells out if I do not meet the expectations in the contract I might need <u>more</u> driving practice.

∘Yes ∘No ∘N/A

4. Peer passenger's lack of using safety gear, substance abuse, risk-taking, and immature behavior increase the likelihood of a crash for teens.

○ Never
 ○ Rarely
 ○ Sometimes
 ○ Most of the time
 ○ Always

5. Males most likely to be involved in a fatigued-related driving crash are in the age group: • 15-19 • 20-24 • 25-35 • 36-50 • 51-85

6. Do you wear a safety belt every time to drive/ride in a car and encourage others to *correctly* wear a safety belt when driving, riding or sitting in a car?

○ Never
 ○ Rarely
 ○ Sometimes
 ○ Most of the time
 ○ Always

7. In the past 30 days, how many times have you <u>driven/ridden</u> with a driver going more than 15 miles/hour over the speed limit?

 $\circ$  0 time's  $\circ$  1 time  $\circ$  2-3 times  $\circ$  4-5 times  $\circ$  6 times or more

8. In the past 30 days, how many times have you been the driver, passenger or spectator in a "street-racing" event?

 $\circ$  0 time's  $\circ$  1 time  $\circ$  2-3 times  $\circ$  4-5 times  $\circ$  6 times or more

9. During the past 30 days, how many times did you:

a. Drive a car or other vehicle when you had been drinking alcohol or using other mind altering drugs? • **0** 01 o **2-3** o **4-5** • 6 or more b. *Ride* in a car or other vehicle with *another* adult driver who had been drinking alcohol or using other mind-altering drugs? 0 O 01 o **2-3** o **4-5** • 6 or more c. *Drive* a car or other vehicle over the posted speed in a school zone or neighborhood? o **1** o **2-3** • 6 or more 0 0 o **4-5** 10. I believe being a designated driver is always safe. Rarely Sometimes • Never • Most of the time • Always 11. As a young driver, in order to build driving skills and gain maturity while driving, I realize that both my parent(s) and I must feel comfortable driving/riding together as a way of measuring whether I am ready to drive solo. ○ Yes ○ No • Sometimes 12. After a moving violation, it is important for my parent(s) to return to supervising my driving for at least one (1) to two (2) months. ○ Yes o No • Sometimes 13. I *always* attempt to model safe and courteous driving behavior. • Yes o No Sometimes 14. During the past 30 days I have been driving and (check all that apply): • a. Talking on a cell phone • b. Too tired while driving • c. Sad • d. Angry • e. Eating food • f. Changing the music on the car radio, CD or cassette player • g. Arguing with the passenger or driver in the car • h. Thinking of things other than driving 15. You were *cited* for: • Speeding • Running a Red or Yellow Light • Failing to Signal ○ Not wearing a Safety Belt ○ Reckless Driving ○ Drove Unlicensed • Other

16. If speeding, how fast\_\_\_\_\_MPH.

17. What speed limit should you have been driving:\_\_\_\_\_MPH.

	ROVEMENT (YDI) CLASS -SURVEY TEST						
TOUCH Email:	□ Female Date of Birth: You will be contacted 6mos post class ck one) Court Referred? ○ Yes ○ No						
Did your parent attend class with you? • Yes (Please fill in the <u>bubble</u> or circle <u>one</u>	○ No Self-Referred? ○ Yes ○ No <u>e word</u> that best describes your feelings!)						
1. Following the class, I believe a driver's edu provided enough practice.	cation class or my parent's efforts to teach me ○Yes ○No ○Maybe ○ Unlicensed						
2. Following the class, the 50-100 GDL requir adequate amount of time of practice before be							
3. Following the class, I understand the importo:	tance of the Graduated Licensing Laws and <b>plan</b>						
a. <i>Keep</i> a driving log to keep an accurate r have not driven to determine if more driving	ecord so I know the conditions under which I have or g practice is warranted. <b>Yes No Maybe</b>						
b. <i>Re-</i> evaluate my driving based on <u>my</u> lev GDL Law's requirement for licensure.	el of ability and maturity and <i>not</i> simply accept the						
- Desire o formal dei in soorte at with sou	○Yes ○No ○Maybe						
c. Design a formal driving contract with my parents that specifically spells out if I do not meet the expectations in the contract I might need <u>more</u> driving practice. •Yes •No •Maybe							
<ol> <li>Following the class, I believe Peer passengers lack of using safety gear, substance abuse, risk-taking, and immature behavior increase the likelihood of a crash for teens.</li> </ol>							
○ Never ○ Rarely ○ Sometime	es $\circ$ Most of the time $\circ$ Always						

5. I believe that males most likely to be involved in a fatigued-related driving crash are in the age group:  $\circ$  15-19  $\circ$  20-24  $\circ$  25-35  $\circ$  36-50  $\circ$  51-85

6. Following the class, how often will you <u>correctly</u> wear a safety belt and encourage others to <u>correctly</u> wear one when <u>driving or riding or sitting</u> in a car?

• Never • Rarely • Sometimes • Most of the time • Always

7. In the next 30 days, how many times do you plan to <u>drive or ride</u> with a driver going more than 15 miles/hour over the speed limit?

 $\circ$  0 time's  $~\circ$  1 time  $~\circ$  2-3 times  $~\circ$  4-5 times  $~\circ$  6 times or more

8. In the next 30 days, how many times do you plan to be the driver, passenger or spectator in a "street-racing" event?

 $\circ$  0 time's  $\circ$  1 time  $\circ$  2-3 times  $\circ$  4-5 times  $\circ$  6 times or more

9. During the next 30 days, how many times did you plan to:

a. Drive a car or other vehicle when you had been drinking alcohol or using other mind altering drugs? • **0** 01 o **2-3** o **4-5** • 6 or more b. *Ride* in a car or other vehicle with *another* adult driver who had been drinking alcohol or using other mind-altering drugs? 0 O 01 o **2-3** o **4-5** • 6 or more c. *Drive* a car or other vehicle over the posted speed in a school zone or neighborhood? o **1** o **2-3** 0 0 o **4-5** • 6 or more 10. Following the class, I believe being a designated driver is always safe. oYes oNo **∘Maybe** 11. Following the class, in order to build driving skills and gain maturity while driving, I realize that both my parent(s) and I must feel comfortable driving/riding together as a way of measuring whether I am ready to drive solo. • Yes ○ No **∘Maybe** 12. After a moving violation, it is important for my parent(s) to return to supervising my driving for at least one (1) to two (2) months or 1 week of supervision for every mile over the speed limit for which I was cited. • Yes ○ No • Maybe 13. I will *always* model safe and courteous driving behavior. • Yes ○ No **○Maybe** 14. Following the class, I understand it takes 5-7 years to become driving proficient? o Yes ○ No **○Mavbe** 

15. During the next 30 days I plan to avoid being distracted while driving by (check all that apply):

- a. Talking on a cell phone
- b. Being too tired while driving
- c. Being sad
- d. Being angry
- e. Eating food
- $\circ~$  f. Changing the music on the car radio, CD or cassette player
- $\circ~$  g. Arguing with the passenger or driver in the car
- h. Thinking of things other than driving

# YDI Youth Knowledge and Action

1. What is GDL?\_\_\_\_\_

2.	List the 5	components	of the	GDL:
<u> </u>		0011100110	01 010	000

1.	
2.	
3.	
4.	
5.	

3. Did this class increase your understanding of the reasons for and importance of following driving laws? YES NO

4.	Do you understand you may need to give yourself m	nore time to	develop	Pre Frontal	Cortex maturity?
			YES	NO	

5. Did you learn something new about the correct way to wear a safety belt? YES NO

6. What 2 areas of the body must the safety belt secure to be worn *correctly*; 3. What position should the seat back be in; 4. Where are feet positioned in the vehicle?

1	3
2	4

7. Based on what you learned in this class, will you be making any changes in your driving choices and behavior? YES NO

8. If you answered **yes** to question #7, **please check** the changes you plan to make.

□ a. Have my parents work with me to improve my driving readiness by riding with me until they are comfortable and no longer need to bring anything to my attention

□ b. Suspend transporting my peers for at least one (1) or two (2) months to give me time to improve my driving skills

C. (Circle all changes you plan) Use my safety belt *correctly* worn ©low and tight across the pelvis

©keeping the harness over the shoulder and across the chest ©keeping my feet flat on the floor ©keeping the seat upright while in a vehicle ©sit 10" back from the steering wheel ©keep my hands positioned at 4 & 8 when driving

d. I will remind my friends to also *correctly* wear a safety belt.

e. Add peer passengers slowly, one at a time until I'm used to having a passenger(s) in my car

 $\Box$  f. Limit peer passengers to a <u>maximum</u> of three (3)

	g.	Drive	the	posted	speed
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h. Follow all traffic laws *consistently* (stop for all red lights; come to a complete stop for three (3) seconds at stop signs)

- i. As a passenger, I will <u>remain awake</u> to help the driver stay alert
- j. Wait until 21 to use alcohol and avoid other mind altering chemicals altogether
- k. Stop using alcohol or other mind-altering drugs, and ask my parents for help if I find I am unable to do this on my own
- I. Never drive when using alcohol or other mind-altering drugs or emotionally impaired
- m. Never ride with impaired drivers
- n. Never drive distracted or use a cell phone while driving
- O. Plan to increase my walking, biking or mass transit use
- D p. Other: \_\_\_\_\_

9. If you answered **no** to question #6 **please check** the answer below that most closely explains the reason.

□ I was already making safe choices.

	lťs	not	im	portan	t.
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10. What <u>one</u> thing has helped you in this class?\_\_\_\_\_

11. What one thing do you remember about the class?\_\_\_\_\_

12. Circle the information you will share

°appropriate steering wheel hand position of 4 & 8 and tell why it is important

°encourage friends to stop talking and, texting on a cell phone while driving

°tell why it's important to wear a safety belt correctly

°tell why it's important to sit 10" back from steering wheel with air bag

°explain the basic principle upon which traffic laws are based

°write a blog post, school newspaper or newsletter article about the importance of following the GDL

°explain how the Pre Frontal Cortex maturity is connected to driving for teens

°other\_\_\_\_

13. What <u>one</u> thing would you like your parent to change during driving the experience with your parent?

14. What did you like about the class?\_\_\_\_\_

15. How could this class be improved?\_\_\_\_\_