

# A Worksite Course to Reduce Cell Phone Distracted Driving

An App for That? How Employers are Using Technology and Education to Address Distracted Driving

Tuesday, March 17, 2015 9:00 – 10:30 am



#### **Presenter**



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JUST DRIVE is a one-hour curriculum delivered to employees in the workplace as part of health and safety programs

The goal of the program is to increase awareness of the dangers of distracted driving and encourage safe and responsible driving, both on and off the job



### **Background**

- Partnerships
  - Public Health
  - Law Enforcement
  - Worksites
- Benefits to Employers
- Target Audiences
- Program Promotion

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#### **Curriculum Outline**

- Distracted Driving Overview
- Dangers of Distracted Driving
- Personal and Legal Consequences
- Practical Strategies to Reduce Distracted Driving
- Resources

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## **Program Evaluation**

Pre- and Post-Class Surveys

- · Changes in knowledge
- Motivation to change behavior
- Program satisfaction

SurveyMonkey - Three Month Follow-Up

- Cell phone practices
- Changes in behavior
- Self-reported strategies to reduce distracted driving